

A close-up photograph of a person's hand resting on a wooden sauna bench. The hand is positioned in the center-left of the frame, with fingers slightly curled. The wood of the bench is light-colored and has a visible grain. In the background, a white towel is draped over the edge of the bench. A semi-transparent, stylized flame logo is overlaid on the hand and the bench. The logo is composed of several overlapping, curved shapes that form a flame-like silhouette. The overall lighting is warm and soft, typical of an indoor sauna environment.

**DE THERAPEUTISCHE INFRAROODSAUNA
LE SAUNA INFRAROUGE THERAPEUTIQUE**