



Remote control Health Mate 3D massage chair

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Pressing the power button will put the massage chair on standby. At this time, select either manual or automatic mode, the body measurement will start. When the measurement is finished, massage will start. Detailed adjustments to the massage ball position. The initial setting is 20 minutes and the power is automatically turned off at the end of the massage.
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Pressing this button can quickly start the massage.
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Pressing this button will stop the massage and deactivate all massage functions. Press "Pause" to use the massage functions again.
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This is the menu button to view and control detailed functions.
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Use the arrow to move left, right, up and down.
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Press the OK button to go to the menu selection or submenu.
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The width can be adjusted with the massage width control button.
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The intensity of the massage ball can be adjusted.
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The intensity of the air massage can be adjusted.
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Press and hold this button to lift the leg massage unit.
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Press and hold this button to lower the leg massage unit.
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Press and hold this button to increase the angle of the backrest.
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Press and hold this button to decrease the angle of the backrest.
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The position of the backrest and the leg massage part is adjusted to zero-gravity position.
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The leg massage button enables/disables the corresponding function.